



## **A LAKER'S DOZEN**

**13 Ways You Can Help the Lake**

*(adapted from The Lake Book,  
Maine Congress of Lake Associations)*

- 1. Always check boat, trailer and equipment for plant fragments.**
- 2. Respect Shoreland Zone Regulations.**
- 3. Control storm water run-off from buildings, paths, driveways and road.**
- 4. Cultivate a wooded shoreland buffer.**
- 5. Take a Break, Retire the Rake and Save the Lake - Limit lawn size.**
- 6. Use only phosphorus free fertilizer.**
- 7. Don't stress the septic system.**
- 8. Construct docks and floats with lake-friendly materials.**
- 9. Dogs, humans and boats should never be washed in the lake!**
- 10. Observe headway speed within 200 feet of shore in Maine, 150 feet in NH.**
- 11. When you replace a boat motor, choose a clean 4-stroke engine.**
- 12. Don't feed the ducks or geese. Ducks can poop 28 times a day!**
- 13. Support your local and regional lake associations.**



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